



ROADSIDE EMERGENCY KIT CHECKLIST

Why is it important to have a [roadside emergency](#) kit in your vehicle? If you will, imagine you are stuck on the side of the road or off the "beaten" path without help for hours or days. Having an emergency kit can save you and your passengers lives!

You don't need to have everything on this list in your vehicle year-round. Just cycle out items based on the season you are in.

1. ALWAYS HAVE ITEMS

- Spare tire.
- Scissor or hydraulic jack.
- Lug wrench.
- Piece of 2x4.
- Cell phone & charger.

2. BASIC ROADSIDE EMERGENCY KIT

- First Aid Kit. Should include the following:
 - Tourniquet, QuikClot or Celox, 4 inch and larger combat dressings, & nitrile gloves
 - Band Aids
 - Hand Sanitizer
 - Antiseptic
 - Antibiotic Ointment
 - Bug Spray
 - Aspirin (or similar)
 - Cotton Balls
 - Guaze Pads
 - Tweezers
 - Bandana
 - Ace Bandage
- Warning light, hazard triangle or flares.
- Fire Extinguisher.

- Jumper Cables / Portable Battery Booster.
- Gloves, hand cleaner & clean rags.
- Duct tape.
- Flashlight or head-mounted light.
- Rain Poncho.
- Multi-purpose tool.

3. WINTER ITEMS

- A good ice scraper.
- Tire chains, tow strap & come-along.
- Wool or poly-fleece blanket & winter hat.
- Chemical Hand Warmers
- Small Folding Shovel
- Bag of cat litter

4. OPTIONAL EXTRA ITEMS

- Tire Plug Kit
- Spare Fuses
- Disposable Flash Camera
- Cash in small denominations
- Pen and Pad of Paper
- Coolant hose repair kit & tape
- Extra clothes & strong durable tarp
- Water & non-perishable emergency food
- Scent free baby wipes
- Clean, empty, re-fillable gas jug
- Items for entertainment (cards, books, writing paper)